# **Phoenix Activities**

## 2022

For further information or to book a place please call Tina Tel 01642 805500 or Mobile 07834 181188.

#### **Monday**

#### Walk n Talk at Stewarts Park

Fun social walk ending with a cuppa!

Weekly 11am – 1pm

**Indoor Carpet Bowls** (starting 25/10)

A fun social group (bring a packed lunch)

Grove Hill community centre

Weekly 1030am - 1.30pm

#### **Jellystone Gardens Grove Hill**

A safe social space to enjoy a bit of gardening or just a chat & quiz

Weekly 2pm - 4pm

#### **Tuesday**

## **Grove Hill Phoenix Social**

2pm -3.30pm

1<sup>st</sup> Tuesday of the month at Grove Hill Community Hub

## **Acklam Library Coffee Morning**

10am – 12noon

3rd Tuesday of the month

## **Marton Phoenix Social**

2pm - 3.30pm

4<sup>th</sup> Tuesday of the month at Marton community Centre



## **Thursday**

#### Walk n Talk at Stewart Park

Fun social walk ending with a cuppa!

Weekly 11am – 1pm

## Walk n Talk at Hemlington Lake

(Meet outside Hemlington library)

Weekly 1.30pm - 3.30pm

#### **Friday**

#### **Friday Friends**

A fun weekly social group, enjoy a quiz or a game of countdown! Meet new friends in a fun friendly safe space.

Weekly 1pm - 3pm

Woodside Resource Centre

Booking essential as space limited

<u>Saturday am & Monday pm</u>- Zumba Gold with Glyn. Call Glyn on 07828116854 to book.