

# TOP TIPS

For working with children and young people. Provided by children and young people at Gleneagles, Rosecroft and Holly Lodge

Be reliable

Praise us when appropriate

Be patient, allow us to be as independent as possible

Never give up on us, even when it seems frustrating

Show you care, take time to understand

Always encourage and allow us to have our say

Make time for quality time! Get to know us!

If a child is in a wheelchair, come down to our level, don't talk down to us

Set boundaries and routines

Show empathy

Build resilience in both yourself and develop this with us

Know your children well and allow them to know you well

Talk to us by using the correct communication methods. Make sure that we understand.

Create a sense of belonging

Always provide us with an exit (during a challenge or difficult situation)

Have a good sense of humour