Change That Lasts Community Ambassador – Expression of Interest Form

**Intro**

Many thanks for your interest in attending our Change That Lasts Community Ambassador training. Please complete the following form to sign up to attend one of the sessions in Spring 2022.

We can help you fill in the form or complete it over the phone if you are unsure or need any support – please get in touch at 01642 241864

Please answer all questions. If you think some parts do not apply to you or you are not comfortable sharing this information, write N/A (not applicable) in the spaces provided for your answer.

The information we request from you in this form will be used by the My Sisters Place Aid Ask Me team and stored in our cloud system to help us monitor bookings, keep track of trained ambassadors, and create evaluation reports on the Ask Me programme. This information will be retained for an indefinite period of time, and sensitive personal information used to monitor demographics will be anonymised. By submitting this form, you consent to us retaining your information. If you would like your details to be erased from our system, please let us know on 01642 241864 or contact [jessica.taylor@mysistersplace.co.uk](mailto:jessica.taylor@mysistersplace.co.uk)

**About You:**

1. \*Full Name (please include pronouns if you wish)

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1. \*Address

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1. \*Contact Number

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1. \*Date of Birth

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1. \*Email address

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1. \*Why do you want to become a community ambassador?

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1. \* What difference do you think you can make in your community as a result of attending Ask Me?

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1. \*How did you hear about the Change That Lasts ask me scheme?

* Via an email newsletter (please tell us which one below)
* Via Eventbrite
* Via Social Media (Facebook, Linked In etc)
* My Sisters Place staff member
* I saw a poster advertising the scheme
* Through the Women's Aid Federation of England or My Sisters Place website
* Via another ambassador
* Word of mouth- friend/family member/colleague/other
* Other (please specify)

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**Attending Training**

The Change That Lasts ask me scheme is aimed at community members and is not a professionals training. It is for those who live/work/volunteer/study in our local area. If we don’t believe the scheme is suitable for you we may direct you to other opportunities.

Face to face will consist of two 6 hour sessions and online will consist of pre-reading and two 3.5 hour zoom sessions.

1. \*Which training date would you like to attend?

* Online 1st & 8th February 2022
* Online 1st & 8th March 2022
* Face to Face 4th & 11th April
* No training dates currently advertised- please let me know when new dates are available

1. Supporting you on the training

**Please let us know if there is anything we should know to ensure you are comfortable and get the most out of the training.** We are committed to supporting ambassadors to attend the training whatever your experiences and to ensuring our training is as accessible as possible. This might relate to being disabled or having a health condition, learning difficulties or if you don’t speak English as a first language and need additional support. We will do our best to accommodate you.

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**Talking about domestic abuse**

Domestic abuse is an emotive subject and many people have been affected by it. We want to ensure that everyone attending the training feels safe and as comfortable as possible.  There will always be two facilitators delivering training to ensure there is support available on the day for attendees.   
  
Please email us if you would like to discuss the training content, the role, any personal triggers you’d like us to be aware of or to discuss support that you need via jessica.taylor@mysistersplace.co.uk  
  
Alternatively, the National Domestic Violence Helpline is available 24/7 for confidential emotional and practical support on 0808 2000 247.

**Newsletter Sign Up**

We would love to keep you updated about our vital work and the ways that you can help end domestic abuse for women and children.

These updates may include information about fundraising, campaigns and events. We promise never to sell your details and you can change your preferences at any time. To do so, simply select the unsubscribe link in an email update or email [reception@mysistersplace.co.uk](mailto:reception@mysistersplace.co.uk)

* Yes please, email me

**Equalities Monitoring**

We collect this information from everyone we work with, to make sure that our services are accessible to everyone in the community. The information you provide is for monitoring purposes only and will not be used in any part of the recruitment process. All the information in this form will be kept confidential in line with our [data protection policy](https://www.womensaid.org.uk/privacy-cookie-notice/). The data may be used (anonymously) for evaluation purposes and anonymous findings may be published. However, if you’d rather not share some of this information with us, it’s OK - just tick the ‘I’d rather not say’ box, or just leave it blank.

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| 1. \*How would you describe your gender?  * Woman * Man * Non-binary * I'd rather not say * In another way (please specify)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 1. \*Do you identify as trans/ transgender or have a trans history?   (Trans is an umbrella term to describe people whose gender is not the same as the one assumed at birth)   * Yes * No * I'd rather not say |
| 1. \*What is your age?   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 1. \*Do you consider yourself to have a disability according to the definition in the Equality Act?   The definition of ‘disability’ under the Equality Act 2010 is: “*if you have a physical or mental impairment that has a 'substantial' and 'long-term' negative effect on your ability to do normal daily activities.”*   * Yes * No * I'd rather not say |
| 1. \*How would you describe your ethnicity?   If you do not identify with one of the tick boxes please feel free to self-identify your ethnicity in the open textbox, however you feel fit. | |
| **Arab**  An Arabic ethnic group, please describe:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Asian / Asian British**  Bangladeshi  Chinese  Indian  Pakistani  An Asian background, please describe: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Black / African / Caribbean / Black British**  African  Caribbean  A Black/ African/ Caribbean background, please describe: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Mixed / Multiple ethnic groups**  White and Asian  White and Black African  White and Black Caribbean  A Mixed/ Multiple ethnic background, please describe: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **White**  English / Welsh / Scottish / Northern Irish / British  Irish  Gypsy or Irish Traveller  A White background, please describe:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **None of the above, please describe:\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  I’d rather not say |
| 1. \*Do you have a faith/religion? (E.g. Christian, Muslim, Hindu, Spiritual, None, I’d rather not say)   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 1. \*How would you describe your sexual orientation (e.g. heterosexual/straight, gay woman/lesbian, gay man, bisexual/pansexual, asexual, I’d rather not say)?   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| 1. How would you describe your social class?   (This can be a hard question to answer. Tick whatever feels right for you when thinking about your social class now).   * Working class * Working to middle class * Middle class * Middle to upper class * Upper class * I’d rather not say |  |

Thank you for completing the expression of interest form- please return to main reception and we'll be in touch soon to confirm your training space.  
  
In the meantime if you have any queries please contact jessica.taylor@mysistersplace.co.uk