

# Information to Help You: Factsheet 3

## OUT AND ABOUT (Transport, Parking, Toilets)

### Parking in Middlesbrough


Middlesbrough Council has FREE parking for 2 hours in some of the Council operated car parking sites, 7 days per week. The Council allows free parking for Blue Badge holders not just in disabled bays.

### Blue Badge Scheme

The National Blue Badge scheme offers parking provision for a disabled person travelling as either the driver or passenger. The Council allows free parking without time limits for holders of Blue Badges including long and short stay sites. There is a £10 charge for the badge, which lasts for 3 years. Visit the website for further information or to complete an “on line” application form. [www.middlesbrough.gov.uk](http://www.middlesbrough.gov.uk) or contact 01642 726004.

### Concessionary Travel Scheme

Qualifying older people or people with a disability (18+) can apply for a bus pass. Before 9.30am bus pass holders pay a lower fixed fare for any journey. Bus pass holders can travel free of charge after 9:30am weekdays and anytime on weekends. You can complete an online application on the Council website. For more information contact 01642 726053 or visit: [www.middlesbrough.gov.uk/parking-roads-and-footpaths/concessionary-fares](http://www.middlesbrough.gov.uk/parking-roads-and-footpaths/concessionary-fares)

**Dementia Friendly Parking Bays** are available in the Hill Street Centre. the bays display the Dementia Friends forget-me-not logo  and are wider than normal bays, to make it easier for those living with dementia and their Carers to go to the centre.

### Transport Information

- Traveline offers fast simple and accurate advice for all public travel enquiries. Telephone 08712002233 during office hours or visit [www.traveline.info/contact](http://www.traveline.info/contact)
- Middlesbrough Council is responsible for regulating taxi and private hire trade. It has a list of taxis ranks and a list of companies offering wheelchair accessible taxis. Telephone 01642728010 or visit [www.middlesbrough.gov.uk](http://www.middlesbrough.gov.uk)

**Shop Mobility** at the cycle centre inside Middlesbrough Bus Centre provides manual wheelchairs & scooters. These are available on a daily loan basis and include an hourly charge. For more information telephone 01642 219620 or visit [www.menvicity.org.uk](http://www.menvicity.org.uk)

## Changing Places

Changing Places toilets are designed for people with complex physical needs. They are larger than normal toilet cubicles and include a hoist, changing bench, toilet and lots of space. You will need to join a free membership in order to use some of the sites. Changing Places can be found at:

**Middlesbrough Bus Station**

**Neptune Centre** (Berwick Hills)

**James Cook** University Hospital

**The Orchard** (Lansdowne Road)

**Middlesbrough Sports Village** (Marton Road)

**Rainbow Centre** (Coulby Newham)

**My Place** (Middlehaven)

**Stewart Park** (Vocational Centre)

**Cumberland Resource** (Linthorpe Village)

If you would like more information contact 01642 726004 or visit

[www.middlesbrough.gov.uk](http://www.middlesbrough.gov.uk)

## Radar Key

A key will allow disabled people access to disabled toilets and also to the Changing Places Toilets. Keys can be bought from Middlesbrough House, Middlesbrough Council, PO Box 500, Middlesbrough, TS1 9FT or from the RADAR website. For more information telephone 01642 245432 or visit the website [www.radar.org.uk](http://www.radar.org.uk)

## Cinema Exhibitors Card

This is a national card issued to a person with a disability, which entitles the holder to 1 free ticket for the person who supports them. There is a cost for processing the card, which is valid for 1 year. For more information visit [www.ceacard.co.uk](http://www.ceacard.co.uk)

You can get a copy of these fact sheets by visiting [www.middlesbrough.gov.uk](http://www.middlesbrough.gov.uk), contacting your Social Worker / Care Manager, visiting the Central / Local Library.

If you would like to comment on the Factsheets please ring 01642 728305

For more information on services which may be able to help visit:

<https://www.middlesbroughmatters.co.uk>

**All information was correct at time of print (13/11/17)**